

Schumacher Farm Heirloom Vegetable Garden, 2011

Beans

Burpee's Stringless—Introduced in 1894; 5-inch-long pods, bush habit.

Kentucky Wonder Pole—Introduced in 1877; vigorous 5- to 7-foot plants, stringless pods.

Pencil Pod Golden Wax—Introduced in 1900; stringless pods; good for freezing, canning.

Henderson Lima— Introduced in 1889; dwarf, hardy, productive, disease resistant

Beet, Detroit Dark Red—The standard for beets, introduced in 1892; nearly globe-shaped blood-red 3-inch-diameter roots; very prolific and a good keeper.

Broccoli, Calabrese—Brought to America by Italian immigrants in 1880s; tight heads can grow up to 8 inches in diameter.

Cabbage, Copenhagen Market—Introduced in 1909; 6- to 8-inch-diameter heads; ideal for small gardens.

Carrot, St. Valery—Introduced in 1885 and reported in 1924 as “the best and most handsome main crop carrot;” 8 to 10 inches long, fine-grained, and excellent for storage.

Corn, Golden Bantam Improved—Introduced in 1902; improved strain selected for longer ears and greater tenderness; the standard for home gardeners and market growers.

Cucumber, A & C Pickling—Introduced in 1928; extremely productive, straight 8- to 10-inch fruits; excellent for home or market gardens.

Kale, Red Russian—Documented since 1885; vigorous 18- to 36-inch plants; tender & sweet.

Lettuce

Green Oakleaf—Known as Baltimore or Philadelphia Oakleaf in the 1980s; resistant to hot weather, longstanding, stays sweet; loose leaf.

Tennis Ball—Introduced in 1850s. 7-inch-diameter, loose, tender heads.

Melons

Chelsea Watermelon— Introduced in 1900s; keeps for several weeks after picking.

Hearts of Gold Muskmelon—Introduced about 1895, most popular variety grown for market in Midwest in 1930s; firm, juicy, flavorful fruit.

Onion, Red Wethersfield—Introduced in 1834; large flattened globe, fine flavor.

Peas, Amish Snap—Grown in Amish community long before present snap peas. Yields over 6-week period if kept picked; delicate and sweet even after seeds develop.

Pepper, Bull Nose Large Bell—Grown at Monticello by Thomas Jefferson. Good flavor; productive, sturdy plants; ripen from green to red.

Radish, Philadelphia White Box—Introduced in 1938; dependable; spicy flavor.

Squash, Table Queen—Introduced in 1913; 6- to 8-foot-long vines; drought-resistant, good keeper.

Swiss Chard, Fordhook Giant—Introduced in 1934; abundant crops all season.

Tomatoes

Earliana—Introduced in 1900; small 30- to 36-inch plants; indeterminate (keeps producing).

Opalka— Introduced around 1900; 3- to 5-inch paste tomatoes; vigorous; indeterminate.